

10th Annual

  
**PITTSBURGH  
PASTORAL CARE  
CONFERENCE**

*for Shepherds (Clergy)  
and  
Other Caregivers (Laity)  
of the Flock*



Friday, May 20, 2011  
8 AM to 4 PM

Duquesne University  
Bayer Hall  
600 Forbes Avenue  
Pittsburgh, PA 15282

“Healing & Wellness -  
Mind, Body & Spirit”

**Sponsoring Organizations**  
*Christian Associates of SW PA  
Duquesne University, Department of Theology  
Episcopal Diocese of Pittsburgh  
The Oasis Recovery Center  
Penn State University Greater Allegheny  
Pittsburgh Pastoral Institute  
Trinity School for Ministry*

*Master of Ceremonies*

**Sally Wiggin**

*WTAE-TV News Anchor*

Pittsburgh Pastoral Care Conference  
The Oasis Recovery Center of Western PA  
960 Penn Avenue, Suite 105  
Pittsburgh, PA 15222

10th Annual  
**PITTSBURGH  
PASTORAL CARE  
CONFERENCE**



**Keynote Speaker**  
**Daniel Hall, M.D., M.Div., M.H.Sc.**



The Rev. Daniel E. Hall, M.D., M.Div, M.H.Sc. is an Assistant Professor of Surgery at the University of Pittsburgh and Core Investigator at the VA Center for Health Equity Research and Promotion. Dr. Hall is a general surgeon with training in both moral philosophy and theology interested in the ethics of surgery. His current research describes how patients and surgeons negotiate the process of informed consent for clinical surgery.

Dr. Hall earned degrees in medicine and theology from Yale University before completing his surgical training at the University of Pittsburgh. He is also an ordained priest in the Episcopal Church with interests in the theology of medicine. He was the first John Templeton Fellow in Religion and Medicine at Duke University where his research focused on epistemology, moral philosophy, religious measurement, and the ways in which medical decision-making is influenced by religious and secular worldviews. Dr. Hall has published and lectured on ethics and the role religion plays in the context of clinical medicine, with his clinical interests focusing on both minimally invasive and emergency general surgery.

**Opening Remarks**  
**Charles J. Dougherty, Ph.D.**

Charles J. Dougherty, Ph.D., is the 12th president of Duquesne University and is a nationally recognized scholar and expert in health care ethics, and has served on numerous health care advisory commissions and projects. Most recently, Dougherty has worked with the Not-for-Profit Hospital Trustees Project at the Hastings Center and the New York Academy of Medicine, as well as the National Coalition on Catholic Health Care. He is a member of the board of directors of UPMC Mercy Hospital, where he chairs the Ethics Committee and serves on many community boards and has received many distinguished awards.

Dougherty has published extensively on the subject of ethics and health care. His publications on the subject include five books, two of them published by Oxford University Press, and more than 50 scholarly articles. He received his master's and doctorate degrees in philosophy from the University of Notre Dame and received his bachelor's degree in philosophy from St. Bonaventure University.

 **2011 PITTSBURGH PASTORAL CARE REGISTRATION FORM** 

*For Shepherds (Clergy) and Other Caregivers (Laity) of the Flock*

Name \_\_\_\_\_

Church/Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

**Please Choose Session Preference (Circle one letter in each session)**

*Session One* A B C D E    *Session Two* A B C D E    *Session Three* A B C D E

\_\_\_\_\_ \$35 Pastoral Care Conference (includes breakfast/lunch) (prior to May 18)

\_\_\_\_\_ \$40 Pastoral Care Conference (includes breakfast/lunch) (after May 18)

\_\_\_\_\_ \$15 (Add \$15 for \_\_\_\_\_ CAC \_\_\_\_\_ SW \_\_\_\_\_)

*Make checks payable to: The Oasis Recovery Center of Western PA, 960 Penn Avenue, Suite 105, Pittsburgh, PA 15222*

*For more info, call 412.281.8360 or go to www.pghpc.org*

# PITTSBURGH PASTORAL CARE CONFERENCE—AGENDA

**8:00–8:30 am**

Registration and Continental Breakfast

**8:30–9:00 am**

Welcome

*Sally Wiggin*

*WTAE-TV News Anchor*

Welcome to 10th Annual PPC Conference

*The Rev. Canon Dr. Jay Geisler, Canon for*

*Formation, Episcopal Diocese of Pittsburgh*

Welcome and Prayer

*The Rev. Elochukwu Uzukwu, C.S.Sp.,*

*Duquesne University*

**9:00–9:20 am**

Opening Remarks

*Charles J. Dougherty, Ph.D., President, Duquesne*

*University*

**9:30–10:45 am**

**Session One (choose one)**

**A1. Addiction 101**

Learn the basics of addiction and recovery, including the Christian roots of the 12 step programs. A basic understanding of addiction can be applied to other addictions as well.

*The Rev. Canon Dr. Jay Geisler, Canon for Formation,*

*Episcopal Diocese of Pittsburgh*

**B1. Living Healthy Lifestyles**

Stress can alter mental, physical, and spiritual health. Learn how healthy lifestyle behaviors can reduce the effects of stress on health.

*Bruce S. Rabin, MD, Ph.D. Medical Director,*

*UPMC Healthy Lifestyle Program*

**C1. The Aging Face of Addiction in Families**

Baby Boomers are described as being born between 1946 and 1964 which means the oldest turn 65 this year. Up until now, most older adults did not use illicit drugs and the primary drug of choice was alcohol. This is all expected to change as the baby boomers become older adults.

*Max Burkins, LICDC, ICCS, SAP, Glenbeigh Treatment Center*

**D1. Environmental Cancers**

Pittsburgh was on the forefront of the industrial revolution. We also became a leader in cleaning up the effects of industry on our environment. Unfortunately, another consequence has been an increased risk for cancer. Learn how toxins in our environment can affect our health.

*Dr. Maryanne Donovan, Ph.D., MPH*

**E1. The Joy of Giving**

Do you often dread raising money for your church or organizations? Hear from two fund-raising experts how to find the joy in giving and receiving God's treasures.

*Ron Cichowicz, Ron Cichowicz & Associates*

*Nancy L. Cochran, Cochran & Associates*

**Break 10:45–11:00 am**

**11:00 am–12:15 pm**

**Session Two (choose one)**

**A2. Suboxonne Treatment for Addiction**

With the increased use of narcotics in this region a new treatment has been developed using Suboxonne instead of Methadone. Explore this cutting edge treatment used to help opiate addicts.

*Mary Bhaskar, Reckitt, & Benckiser*

*Michael Palladini, Exp. Med Pharmacy Services*

**B2. Working with Military Families**

There is a great need for spiritual support for those in the military and their family prior to, during, and upon return from deployment. Yellow ribbons alone are not enough to support the many issues and needs of today's warrior.

*M. Lucille Underwood, Mental Health Specialist, Assistant*

*Disaster Coordinator, Allegheny County Department of*

*Human Services, Office of Behavioral Health*

**C2. Caring for Caregivers in the Family**

Learn how to help those who care for challenged or ill family members and learn how your congregation can be supportive of them. Learn how to become a "Caregiver Champion" in your community.

*Nancy Zions, MBA, Vice-President & Chief Program*

*Officer, Jewish Healthcare Foundation*

**D2. Mentoring Inmates after Incarceration**

The majority of inmates suffer from addiction and need on-going support. Learn how churches can help mentor and restore them to be productive and healthy members of the community.

*Rev. Kimberly Greway, Director of Chaplaincy Services,*

*Allegheny County Jail*

*Brother Mark Lowery, FSC, Michael's Place*

*Tara Goodin, Managing Director, The Pods of Hope*

**E2. The Making of a Saint—The Rev. Sam Shoemaker**

The Episcopal Church added The Rev. Samuel Shoemaker to the Calendar of Holy Men and Women in part due to his influence in the development of the 12 Step program of Alcoholics Anonymous (AA). Learn about Sam, his spiritual writings and what the church can learn from the 12 Step Movement.

*The Rev. Dr. Jay Geisler, Episcopal Diocese of Pittsburgh*

*The Rev. David Else, The Center for 12 Step Spirituality*

*Karen A. Plavan, Ph.D., The Oasis Recovery Center*

**12:30–2:00 pm - Lunch**

**Keynote Speaker: The Rev. Dr. Daniel Hall, M.D., M.Div, M.H.Sc.**

**Presentation of the David Else Award**

**2:15–3:30 pm**

**Session Three (choose one)**

**A3. Food Addiction**

Some people are literally eating themselves to death, while others are starving themselves to death. Understand the importance of proper nutrition and recovery.

*Speaker from Overeater's Anonymous (OA)*

**B3. Missing Fathers**

This session explores the significance of the father's role in the family and the impact of his absence.

*Nicholas J. Hanna, Ph.D., Professor, Department of*

*Counseling, Duquesne University*

**C3. The Elderly and Exercise**

They say that "60" is the new "30." Understand how exercise can keep the body functioning in a productive lifestyle long past retirement. See how low impact activities maintain our health.

*Lillian Tanir, Healthways, Inc. & Holly Carter, Silver*

*Sneakers Program, Jewish Community Center*

**D3. A Community Response to Food Security**

This workshop will describe a five year project to reduce hunger in the 12 counties in SW PA. Learn how to become a partner and participate in these activities to make a difference in reducing hunger and improving nutrition in our region.

*Victor Papale, Greater Pittsburgh Food Bank*

**E3. Solitude, Communion and Solidarity: Living and Integral Christian Life**

Our Christian life must be patterned after the way Jesus lived. Solitude, communion, and solidarity, the three dimensions of Christian life are distinct but integrated—each flowing into the other.

*Ma. Christina A. Astorga, Ph.D., Founding Director Center for the Study of Catholic Social Thought, Duquesne University*

**Ministry Tracks**

*A – Addiction and Recovery*

*B – Mental Health and Wellness*

*C – Family and Marriage*

*D – Community Outreach*

*E – Reflections in Ministry*

**Continuing Education Credits  
Approved For 7 Hours**

*Catholic Clergy & Pastoral Associates*

*Certified Addictions Counselors- (CAC)*

*National Association of Social Work PA- CEUs*